



Testimonials 2006

yes, this is our pool



Watsu 3

November 24, 2006

I have come from a place of not knowing that I didn't know and now I stand at the door of knowing that I don't know. Only a great teacher can effect this change in a student in such a short time. Thanks. Enjoyed the conversations and written materials about free flow.

Minakshi notes: Adam is aware of his progression from unconsciously incompetent to consciously incompetent. From my point of view, he has traveled from consciously competent to unconsciously competent. Only a great student can effect this change in such a short time.

Adam Wexler

Kirkland, WA



Fire and Water 1

November 17, 2006

I like the location, instructor, class size and everything else, especially the integration of the material with free flow.

Dr. Robert McKay

Bristol, TN

Fire and Water 1

November 17, 2006

Most valuable was looking at different and inventive positions in which to locate meridian stretches.

Charlie Korda

London, England

Fire and Water 1

November 17, 2006

This should be the introductory course. It contextualizes the work, provides simple movements and allows for awareness of footwork. All material was covered in an enjoyable manner that allowed time to flow. The most valuable was repeating the stretches from land and integrating them in the water along with the exploration time to find flow.

Adam Wexler

Kirkland, WA

Watsu 2

November 10, 2006

I enjoyed the expanded exploration of Shiatsu
and the addition of new moves which challenged my flow.
Thanks for your awareness of shifting dynamics within the group.

Adam Wexler

Kirkland, WA

Watsu 2

November 10, 2006

I like Minakshi's honest, no-nonsense approach.
Most valuable was fine tuning head support.
I liked the smallness of the group.
There was more detail somehow.

Charlie Korda

London, England



Watsu 2

November 10, 2006

Minakshi is very centered, knowledgeable, helpful,
but not too much.
The shiatsu on land was great.
I love the new moves.
Awesome being right beside the ocean.

Katherine Sigmon

Phoenix, AZ

Watsu 2

November 10, 2006

Great surroundings.
I feel refreshed, rejuvenated.
I liked the opportunity to swim, snorkel and walk.

Robin Randolph

Cape Coral, FL

Watsu 1

November 2, 2006

The course provides a comprehensive introduction to the possibilities.
Minakshi provides clear, concise instruction.
Her extensive background really supported the process of discovery.
I really enjoyed my time,
the focus, the intensity, the availability of resources,
a nice pace and a great flow of material.

Adam Wexler

Kirkland, WA

Watsu 1

November 2, 2006

Wow! Minakshi is a master.

Janice Cathey

Nashville, TN

Watsu 1

November 2, 2006

A lot to absorb, but good information.
The videos were useful.
Jim kept the pool well maintained for us.
I liked that I was able to prepare my own food.
It was a lot of information to learn and execute in a short period of time

Robin Randolph

Cape Coral, FL

Watsu 1

November 2, 2006

I loved the structure in which the class was taught.
I thought the location was perfect.

Sandra Wilson

Bonita Springs, FL

Watsu 3

July 7, 2006

PoI always feel so much better when I leave,
than when I arrive.

Sharon Speicher

Pompano Beach, FL

Watsu 3

July 7, 2006

Minakshi really helped me learn what free flow is/can be.
She is very supportive, easy going and on schedule.
Maki (the Japanese translator) was awesome.
It was nice to review body mechanics in the beginning
to get started on the right path.
A very nurturing environment.

Ellen Findlay

Minneapolis, MN

Watsu 3

July 7, 2006

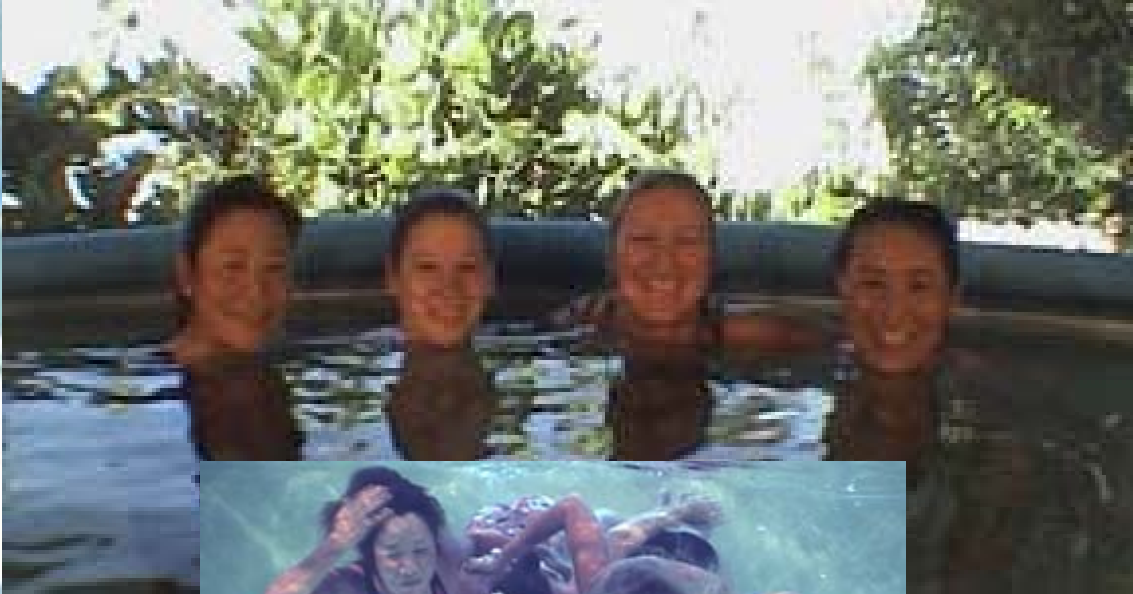
Please come teach in Japan

Kumiko Tanaka

Osaka, Japan



Maki Yamamoto (L)
with Susan Prosser



Watsu 3

July 7, 2006

I appreciated the small group,
Minakshi's kindness, respect and understanding.

Because of having a translator,
we were able to ask detailed questions
and have them answered
in exactly the way that we wanted.

We could get an insight
into the American lifestyle
by interacting with the other students.

From Minakshi's videos
that we have seen in Japan,
we had certain expectations...
which were met.

I want to be like Minakshi someday.

Yumiko Okuda

Kawasaki, Japan



Watsu 2

April 21, 2006

Not too much information...just enough to expand my basic knowledge.
Note from Minakshi: Thanks for the orchid

Shannon Selis

Apopka, FL



Watsu 2

April 21, 2006

I like the "living Watsu" lifestyle.
This is the best class yet
with a small, intimate setting
and great learning conditions.

April Michael

Joelton, TN



Watsu 1

April 14, 2006

Reminders to breathe and relax were most helpful.
The program was intense.

Jana Lee

Springhill, FL

Watsu 1

April 14, 2006

Minakshi has excellent skills in teaching and communication.
She is an excellent facilitator of group dynamics.
Clear expertise. I feel like I have come to a master.

Kathy Salmonson

Seattle, WA





Fire and Water 2

March 10, 2006

Teachers' openness allowed us to find our way into the material...unforgettable. It has been the MOST enjoyable workshop I have ever taken (tai chi, dance, yoga, meditation, etc.)

Julie Tolentino

New York, NY



Fire and Water 2

March 10, 2006

Minakshi is like the water, always supporting us, allowing free expression of ourselves, while at the same time imparting deep wisdom. Finally, I had the pleasure to experience the fiery energy of a Shinzo class. It was worth the wait. It was truly dynamic.

Jim Orsi

Terrazas de Bel Air, Spain



Fire and Water 2

Learning the five elements was most valuable.



March 10, 2006

Hideyuki Sato



I had great, full days.

Tokyo, Japan



Fire and Water 2

March 10, 2006

This is by far the best workshop (4 students, 2 instructors). Minakshi is always prepared, presenting information very clearly and giving me a sense of what is important for me to grasp. Ready to help me, but gently lets me figure it out!! even when I think I cannot! WOW! For this course, Minakshi is half the reason that I am here. She works so beautifully with Shinzo....never competing or conflicting, always complimenting the course work. This is as important as the information given.

Shinzo is extremely knowledgeable but not overwhelming. (This type of information is usually overwhelming to me.) I now truly understand the essence of the information, not the definitions, as I am accustomed. The easy flow of information saves the students from feeling intimidated.

Mary Malamisura

Bluefield, WV



